

## **Independent living at Sprott House**

### **Sprott House at a Glance**

Established in Wellington over a century ago, Sprott House is one of the leading providers in the Wellington region of residential care for men and women.

#### **Services**

Sprott House provides:

- Independent and assisted living with modern villas
- Hospital providing 24-hour experienced support
- Dementia unit with a secure environment and specially-trained staff.

#### **Facilities**

Sprott House has many excellent social and rehabilitation programmes for residents, including physiotherapy and occupational therapy.

Activities such as exercise classes, chapel services, lectures and bowling competitions are also available.

Staffing is seen to be key to providing a secure environment so Sprott House make sure they have a high level of registered nurses per residential numbers and fast access to further assistance as needed.

#### **Certification**

Sprott House has certification under the Health & Disability Services (Safety) Act 2001. We are members of healthcare providers New Zealand and Retirement Villages Association.

**A number of villas offering independent living are now available at Sprott House, one of Wellington's leading providers of residential care for men and women.**

"The villas have been expertly designed to provide comfort and security and have that home away from home feel," said General Manager at Sprott House Carole Hazelman.

"As well as a kitchenette with cooking facilities, the villas have a bedroom and ensuite, a spacious living area where owners can sit and relax and a separate patio, to enjoy the outdoors.

"Each villa has its own private entrance and owners also have their own address, telephone number and key, which we see as an important part of helping our residents to feel independent," says Carole.

"We know that for many people coming to a residential care facility for the first time can be worrying, as many people fear the loss of their independence.

"Moving into a villa is often a good first step as owners still feel independent, yet care is available if required.

"At Sprott House, our philosophy is to encourage people to remain as independent as possible for as long as possible and owning a villa is one of the ways people can achieve this.

## Vision

Sprott House's vision is to:

- provide residents with warm, comfortable, and secure environment with modern facilities; and
- to assist residents to remain as independent as possible for as long as possible

## Charitable Trust status

Sprott House is a not for profit, Charitable Trust Residential Care Home and Hospital.

This Charitable Trust status means all surpluses are returned to Sprott House for continued developments, staff education and the latest in equipment.

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"However, we also offer support and assistance where required to make life that little bit easier," said Carole.

Ownership of the villas is through a licence to occupy with access to 24-hour support. A licence to occupy provides you with the right to use, in conjunction with other residents, the common area and community facilities.

The agreement provides 24-hour emergency care at the push of a button. This means peace of mind for villa residents and their families.

"Its reassuring to know that care is available at any time of the day or night. Villa owners also have priority access to the rest home and hospital should the need ever arise, says Carole.

"Residents can choose to be involved in a wide range of activities including exercise classes run by our activities coordinator. They have access to the library, bowling green and other facilities and may also attend lectures and classes which we offer from time to time," said Carole.

Sprott House is set in  $\frac{3}{4}$  of a hectare among established trees and a landscaped garden with walks and seating.

As well as providing a peaceful safe setting it has the advantage of being located close to Marsden Village and Karori Mall and within walking distance from café's and shopping. It's also a 15-minute drive to the city center.

Ends

## For more information contact:

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